

# HYS Soccer Rules Cheat Sheet – Updated 07/01/2024

|   |   |
|---|---|
| <p><b>DOUBLE TOUCHES</b><br/>Player must not touch the ball again, until any other player has touched it on:</p> <ul style="list-style-type: none"><li>● Kick off</li><li>● Throw in</li><li>● Corner kick</li><li>● Player who takes Goal kick</li><li>● Indirect, Direct or Penalty Kick</li></ul>  | <p><b>DIRECT SCORES</b><br/>You may score a goal directly from:</p> <ul style="list-style-type: none"><li>● Kick off</li><li>● Corner kick</li><li>● Goal kick</li><li>● Direct Free Kick</li><li>● Penalty Kick</li></ul>  |
| <p><b>PLAYERS AND TIMING</b><br/>During a game there will be, for each team:</p> <ul style="list-style-type: none"><li>● <b>KPrep-1:</b> Five players, 40 minute game<ul style="list-style-type: none"><li>○ Max game duration: 52 minutes</li></ul></li><li>● <b>2 – 4:</b> Seven players, 40 minute game<ul style="list-style-type: none"><li>○ Max game duration: 52 minutes</li></ul></li><li>● <b>5 – 8:</b> Nine players, 60 minute game<ul style="list-style-type: none"><li>○ Max game duration: 76 minutes</li></ul></li></ul> | <p><b>OFFSIDES:</b><br/>A player is offside when the player is ahead of the ball and the second-to-last opposing player.</p> <p>The player is <i>not</i> offside when</p> <ul style="list-style-type: none"><li>● They are chasing the ball past the last defender</li><li>● They are in their own half</li><li>● They are level with the last defender</li><li>● During a Throw in, Goal kick, Corner kick</li><li>● <i>It is not an offense to be in an offside position, unless they receive the ball or interfere with another player</i></li></ul> |
| <p><b>INDIRECT FREE KICKS</b></p> <ul style="list-style-type: none"><li>● Kicking team CANNOT score directly</li><li>● Players CAN line up between kicker and goal</li><li>● Goalie commits a hand ball offense</li><li>● Double Touch situations above</li><li>● If the goalie handles the ball for longer than 60 seconds</li><li>● On an offside foul</li></ul>  | <p><b>DIRECT FREE KICK</b></p> <ul style="list-style-type: none"><li>● Kicking team CAN score directly</li><li>● Players CAN line up between kicker and goal</li><li>● Handball except goalie</li><li>● Kicking or hitting a Goalie intentionally</li><li>● Rough play – Kicking, tripping, pushing, holding, charging, striking, jumping on another player, high kicking (regardless of striking another player or not) or other forms of Unsafe Play</li><li>● If DFK offense is within Penalty Box, then a Penalty Kick is awarded</li></ul>         |
| <p><b>PENALTY KICKS</b></p> <ul style="list-style-type: none"><li>● Awarded when a DFK is committed within the penalty area</li><li>● Kicking team CAN score directly</li><li>● Players CANNOT line up between kicker and goal</li><li>● Kicker MUST kick forward</li><li>● Kicker CANNOT doubletouch</li></ul>   | <p><b>OFFENSES</b></p> <ul style="list-style-type: none"><li>● A throw-in mistake is made (throw-in is retaken in KP-1 or 2-4, turnover in 5-8)</li><li>● Opposing player is found in the exclusion zone during a throw in, kick off, corner kick, goal kick, indirect free kick, direct free kick or penalty kick, the kick is re-taken.</li></ul>   |